

BECOME A



BUDDY

Starting university can be a daunting experience at the best of times especially after the last 18 months. That's why we're launching the YSJSU Buddy Scheme to help first year students transition into life at York St John. Signing up to be a buddy will be a great way for you to share your experiences and have a lasting, positive impact on someone's YSJ journey. Full training will be provided and it will be a great thing to add to your CV.

Buddies will be expected to:

- Attend the training programme and complete ongoing development provided by the Students' Union.
- Organise meet ups with your paired new student (average 1 hour session, 2 sessions per month)
- Attend SU Buddy Scheme meet up sessions.
- Attend the SU Awards Evening.
- To work collaboratively with other Buddies and the Students' Union.
- To signpost your paired student to relevant services at university, for example ILS team, wellbeing team etc to help them access more support. When signposting to services where wellbeing/welfare is involved, you should notify the Students' Union.
- To maintain frequent communication with your paired student.
- To act as a role model to students, being somebody that they are confident to turn to when they need general advice about university life.
- To act as a friendly face to students who are transitioning into university life in their first year.
- Give feedback to the Students' Union about the Buddy experience via formal (survey) and informal means.



Buddies are not expected to:



- Be an emotional or wellbeing support/adviser to students. Buddies should always signpost students experiencing difficulties to the relevant university services or seek advice from the Students' Union.

Desirable attributes:

- Compassionate
- Caring
- Empathetic
- Good listening skills
- Good communication skills
- Good time management & organisational skills
- Passionate about university life
- Enthusiastic about the Students' Union, Sports Clubs and/or Societies
- Enjoys interacting with students from all different walks of life
- Adaptability skills

