PARENT'S GUIDE

/YSJStudentsUnion

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www.ysjsu.com

INTRODUCTION

Hello and a huge welcome from York St John Students' Union. As a Students' Union, we're the hub of student life at York St John and we do all we can to ensure that our students have the best time possible whilst at university.

We might be biased, but we think you and your child have made a great choice!

In this parent's survival guide, find out key things to know to set your child up for success. If you have any questions, please get in contact with a member of our team, we'll be happy to help!

WELCOME

Although your loved one has flown the nest and is about to start a new journey, there's absolutely no need to be concerned!

They've just moved to one of the safest cities in Europe. On top of th

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in Europe. On top of that, President of the Stude during their time at York St John, they're going to be surrounded by a fantastic range of services and staff at both the Students' Union and the University.

KEY DATES

Arrivals Weekend 25th - 26th September

> Welcome Week 27th Sept - 3rd Oct

Autumn Term 4th Oct - 10th Dec

Spring Term 4th Jan - 1st April

Summer Term 25th April - 24th June

UNICONTACTS

We pride ourselves on providing support to all students. They can come to the Students' Union any time and if we can't help, we always know someone who can.

Main Reception
01904 624624

Accommodation 01904 876650

^o **Finance** 01904 876870

Library 0 01904 876696

Wellbeing 01904 876477

Students' Union 01904 629816

Campus Security 01904 876444 **Our website** Ysjsu.com



THINGS TO BUY

Before you send your child into the wide world of supermarket shopping, we recommend using an hour during Arrivals Weekend to set them up with a few essential purchases.

Here's a few essentials we'd recommend that you buy:

- Laundry basket
- Towels
- Clothes hangers
- Extension lead
- Glasses and mugs
- Raincoat
- YSJSU Social Card

- Pans - Toilet paper
 - Toiletries
 - Food
 - Photo frame
- Memory stick

Our YSJSU Social card is also something to have on your radar. With a Social card students get a 10% discount on all-things SU, including drinks at the bar, food, coffee and merch! They'll also get free entry to £1 a Pint Karaoke every Saturday, queue jump to official club nights and receive citywide discounts on food, drinks and things to do in York. If you spend £20 in the SU every week, you could save up to £100!

PLUS it's paired with our brand new reward scheme, which means for every £10 you spend you'll get £1 worth of reward points back!

Pre-order on our website to collect during Welcome Week or speak to a member of our team for more information.

THINGSTODO

There are some important things that you can help get sorted for your child before leaving.

Insurance

Doctors

Hopefully your

It's worth considering insuring your child's laptop, phone, gadgets or equipment when they leave home.

Sometimes it's included in student deals with banks or insurance companies might offer some student deals.



child won't end up suffering from 'Freshers Flu' or anything else whilst they're at University. However, it's always better to have a saftey net!

You can pre-register online or go into the health centre on campus and pick up a registration pack.

The nearest health centres are:

YSJ Campus Surgery 01904 439101 Lord Mayors Walk

Monkgate Surgery 01904 439100 35 Monkgate





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